

CURRICULUM VITAE

1. **Name:** Pásztai Zoltán Carol
2. **Address:** Județul Bihor, Sînmartin, str. Ioan Slavici, bl. D18, et.IV.ap. 12
3. **Phone / fax / e-mail:** 0259318276, pasztayzoltan@yahoo.com
4. **Nationality:** Hungarian.
5. **Date of birth:** 4th of November 1949, Oradea

6. Professional experience:

25.09.2009, *reader, PHD, full time*, position 7, **Areas of expertise:** Masteral Program Bologna Type: General Kinethology, Physical Therapy in neurological conditions, Therapeutic Rehabilitation in orto-traumatology, Physical Therapy and Traumatology in pediatric conditions, Adapted Motric Activities for people with disabilities (Masteral Program of 4 years), Clinical Practice, Practica

01.03.2008, *reader, PHD, full time*, position 7, **Areas of expertise:** Motrical and functional education/ reeducation in pediatrics; Sport rehabilitation and traumatology, Physical Therapy in Sports; Physical Therapy in pediatric conditions – for the Department of Theoretic, Medical and Physical Therapy Domains, Faculty of Physical Education and Sports, University of Oradea

01.10. 2006. *lecturer, full time, PHD candidate*, position 9 – for the Faculty of Physical Education and Sports, Physical Therapy Specialization, University of Oradea, instructor of *Physical Therapy in locomotric conditions of the locomotor system, Orthesis and Prosthesis, Physiotherapy and electrotherapy*

01.03. 2005, *lecturer, full time, PHD candidate*, position 9, instructor of: *Physical Therapy in Sports; Physical therapy in pediatric conditions* for the Faculty of Physical Education and Sports, Physical Therapy Specialization, University of Oradea

01. 10. 1996, *lecturer, full time*, position 14, instructor for: Rehabilitation of the locomotor system; Physical therapy in neuroendocrine conditions; Physical Therapy in Sports conditions for the Faculty of Physical Education and Sports, Physical Therapy Specialization, University of Oradea

21 .06 2006, authorization of free practice, No. 211, main teacher of Physical Medical Culture (main Physical Therapist), released by the Direction of Public Health, Bihor, with the permission of the Health Ministry

- 12.10.1993** – *free professional*, main physical therapist instructor, authorization No. 2464
- 23. 04. 1998** – *member* of the Romanian Association for preventing osteoporosis
- 11. 03 1996** – *founding member of the Association “The Enemy of Hemiplegia”*
- 15. 01 . 1990** – *founding member* of the Association of People with Locomotor Deficiencies
- 1992 – 1996** *head laboratory instructor*, associate of University of Oradea, Faculty of Social-Sciences, the Department of Physical Therapy and main Physical Therapist for the Rehabilitation Clinic Hospital from Băile Felix
- 1996 – 1989** – **main physical therapist, and coordinating instructor** for Felix Spa, at the Rehabilitation Clinic Hospital from Băile Felix
- 1989 – 1978** – **main teacher of physical medical culture** for the Balneal Rehabilitation Sanatoria from Baile 1 Mai, the Rehabilitation Clinic Hospital from Băile Felix, Bihor
- 1978 – 1974** – **main teacher of physical medical culture** at the Special School Popești
- 1974 - 1972** - full time teacher of Physical Education and Sports, School Marghita Cheț School, and Popești High School, Bihor
- 1975** – **graduated** from Physical Education and Sports, E.F.S Institute Bucharest; *majors* in medical and physical culture and athletics
- 1973** - **referee license** in athletics
- 1973** - **referee license** No.2146 – 1 sept.73. **in athletics**
- 1972** – graduated in Physical Education, Pedagogical Institute of 3 years from Oradea, Faculty of Physical Education and Sports
- 1967** – graduated from high school no. 4 from Oradea, Diploma of Baccalaureate
- 1963** – graduated from Gymnasium, No. 9 Oradea,

7. Education and formation:

- 1. December 2009** - **honor guest at the National Scientific Forum with the topic:** „ The impact of the educational goals and scientific research on the sport performance in Romania, **The Finals of the Scientific Competition First edition, 11-12 December 2009, Bucuresti, organized by MECI, FSU, CNSSU;**
- 2. October 2009, honor quest at the Scientific International Conference:** „Physical Education and Sports in Romania” **Oradea 29-30 Oct. 2009**, organized by CȘS Romania, National Institute of research for Sport, University of Oradea, FEFS, COSR;
- 3. October 2009 – honor guest to the International Symposium “Health body – healthy mind, education and prophylaxis”** organized by Health Center and Medical Rehabilitation, Reum-Care Foundation from Tg. Mureș, 24 10 2009;
- 4. April 2009 – honor guest to the International Symposium „Health and Illness in a Multidisciplinary Approach”** of University of Debrecen of Health, Hungary, 5th International Week 20- 24 April 2009 ;
- 5. May 2009 – honor guest to the International Congress:** „Actualizations in medical rehabilitation”, from Baile Felix, 08 – 09 May

- 2009, credited with CMR and 9 credits EMC according to the Life Long Learning Program, 2120/27 04 2009, certificate serial number MS nr 280., signed by the prof. dr Jaques Cheneau France, Dan Blocka, Canada and prof dr. Nagy Ors, dr Vasile Bud Romania;
6. **May 2008 „Training of multipliers to participate in R&D projects of the EU”, on 26/27 May 2008 , Oradea** , attended the 16 /hour intensive course, offering Theoretical and practical knowledge entitled, Dr Dora Groó, director Hungarian Science and Technology Foundation;
 7. **May 2008 – honor guest at the International Symposium:** „Investment into patients’ future”, Sambata de Sus, accredited with CMR and 13 credits EMC according to the Life long Learning Program with the address 2925-14 05. 2008, certificate serial BH 2009 No. 7573., signed by reader dr. Dumitru Mohan, the president of the Physician’s College, Bihor, Romania;
 8. **October 2008 – honor guest to run the workshop:** „Particularities of physical therapy in pediatrics”, organized on 7- 9 November 2008 in Timisoara, for the National Congress of Faculty of Physical Education and Sports, Western University, Timisoara, with international participation, “Actual tendencies in physical education and performance sport, and physical therapy in Romania”, with credits and certifications.
 9. **October 2008**, participated in the workshop „Management of the Research Projects” run by prof. dr. V. Ostafe, organized on 7- 9 November 2008 in Timisoara , for the National Congress of Faculty of Physical Education and Sports, Western University, Timisoara, with international participation, “Actual tendencies in physical education and performance sport, and physical therapy in Romania”, with credits and certifications.
 10. **October 2008**, participated in the workshop „Ergospirometry – general notions, applications in sport and prophylaxis” , organized on 7- 9 November 2008 in Timisoara, for the National Congress of Faculty of Physical Education and Sports, Western University, Timisoara, with international participation, “Actual tendencies in physical education and performance sport, and physical therapy in Romania”, with credits and certifications.
 11. **October 2008**, participated in the workshop „Actualities in fitness”, on 7- 9 November 2008 in Timisoara, for the National Congress of Faculty of Physical Education and Sports, Western University, Timisoara, with international participation, “Actual tendencies in physical education and performance sport, and physical therapy in Romania”, with credits and certifications.
 12. **July 2007** participated in the la Workshop „ Smith and Nephew and Varimed KFT” organized on Julie 20-23 from **Nyiregyhaza** (Hungary) for the International Congress of Traumatology and Sports Traumatology; attendance certificate and credits;
 13. **November 2007, honor guest:** to the First Medical Conference of the Hospital "Dr.Eugen Nicoara", Physicians’ College and University of Medicine and Pharmacy Tg. Mures, Reghin, 23-24 November, 2007
 14. **2006 PHD in Science:** DOCTOR in Science, domain Biology; University „Alexandru Ioan Cuza” of Iasi, presentation of the thesis on 08 07 2006 Iași, with the topic: **“The role of stretching in normalizing the stato-kinetic functions of the neuro-artro-mio-kinetic apparatus**

- with children with locomotor dysfunctions*"; mentor prof. Dr. Vasile Hefco and prof. Dr. Ioan I. Băra. The title is confirmed by the Order of the Ministry Nr. 5764/28.11.2006 on the basis of C.N.A.T.D.C.U. from 03.11.2006. **Doctor License** serial E No.0003171, through 397 from 09.07. 2007
15. **2006** – graduated the seminar „Introduction in physical therapy”, run by the Physical Therapist Bruno Cosimo from Italy, at the Second Balcanic Congress of Physical Therapy 10 – 14 May, Băile Felix, competence certificate;
 16. **2005** – graduated the course: *Educational program Child Net, organized by the Institute for Child Development - Tulane Foundation* 11 - 14 June, Oradea, certificate of competence in “Child Psychology”;
 17. **2005**- full time lecturer according to the decision No. 1207/p from 02.03 2005 position 9, Areas of expertise: Physical Therapy in Pediatric conditions and Physical Therapy in Sports;
 18. **2005** – participated to the course „*Evolution and progress in the treatment of spine deformities through bracing*”, presented by the prof. dr.Jacques Cheneeu from France, Gary Seamann from Germany , and prof. Dr Jianu M. Romania, certificate No. 115 Ortoprofil Tg Mureş;
 19. **2004** - medical consultant at the Bucuresti seminar – *Bioptron Light Therapy System* Switzerland;
 20. **2004** – graduated the course: *Educational Program Child Net, organized by the Institute for Child Development – Tulane Foundation*, 6 – 8 April, Oradea, certificate, (10 hours seminar of Physical Therapy);
 21. **2003** – certificate, from University Josef Fourier of Technological Sciences and Medicine Grenoble, France, *Techniques de manipulation Myotensives*, on 22 - 26 September, The Department of Physical Therapy Bacău;
 22. **2003** – certificate from University Joseph Fourier of Technological Sciences and Medicine Grenoble, France, *Mobilisation Articullaires Specifiques* , on 22 - 26 September, The Department of Physical Therapy Bacău;
 23. **2003** – **Master graduated, Master diploma, major Adapted Motric Activities**, serial D nr. 0012190 , No. 81 from 04. 10 . 2004;
 24. **2003** – certificate of German language competency, from the Department of German Language of the Faculty of Letters, University „Al. I. Cuza” of Iaşi;
 25. **2003** – graduated the program of life learning medical program: *Efficiency of Physical Therapeutic Practice in Specialized Institutions*, organized on 21 – 23 Novcemeber, Bucharest, certificate serial E no. 03332;
 26. **2002** – certificate of English Language competency, Faculty of Letters, University of Oradea;
 27. **2001**, graduated the course „Neurological treatment in AVC through the Italian method of cognitive exercises, (certificate of attendance as participant Italian and Hungarian Physiotherapy days in Neorology „The Cognitive therapeutic exercise Italian proposal for rehabilitation”, Budapest, 2 -5 March);
 28. **2001**, graduated the postgraduate course „Evaluating movement in physical therapy ”, Superior Institute of Medicine (S.T.E) from Seghedin Hungary, 4- 15 June;

29. **2001**, graduated the postgraduate course „ Modern Electrotherapy in rehabilitation” Superior Institute of Medicine (S.T.E) from Seghedin Hungary, 15-26 June;
30. **2000**, graduated the course “Prevention in pediatrics” for the program INTEPNET-COOP, Phare Lien, Debrecen-Hungary, 8-10 Oct. and 7-10 Nov;
31. **1999** – competence in *calculator electronic and networks operator*, position 312201, accredited by the Ministry of National Education No. 3641-1999;

8 Skills and personal competencies

Professional skills and competencies:

- Physical Therapy in Pediatrics
- Physical Therapy in Traumatology-orthopedy;
- Physical Therapy in Sportspersons conditions;
- Physical Therapy in Neurology;
- Physical Therapy in Hydrobalneotherapy;
- Physical Therapy in Special Education;
- Physical and Medical Culture;
- Electrotherapy and physiotherapy with helping devices;
- Occupational therapy and Orthosis and Prosthesis, techniques of manipulating patients;
- Adapted Physical Activities (APA); Special Psycho-pedagogy;
- Athletics trainer, 2nd and 3rd class;
- Athletics referee, 2nd class;

9 Mother tongue: Hungarian

10. Other Languages:

English: reading – average, writing – average, communication – average

German: reading – advanced, writing – advanced, communication – average

Russian: reading – average, writing – beginner, communication – beginner

11. Artistic skills and competencies:

- Reading, studying the literature of specialty in Pediatrics, Sports, author of several books;
- Wood sculpture and cooking skills.

12. Social/ sports skills and competencies: Very good social relationships at the work place, and on the national and international level with other Faculties of Physical Education and Sports and Physical Therapy; collaborative attitude with individuals of different organizations, non-governmental organizations and local authorities. I have achieved these skills during the numerous national and international meetings. I have organized numerous sports competitions for the persons with handicap; I am the president of the Association of the tenants for Sânmartin; I was the assistant principal for the Chet School; Director of the local Cultural House in Marghita; I was a referee for the local, national and international competitions of athletics; I was an athlete between 1964-1976 with the following results: 2nd place at the Junior (II, I) National Championship, 3rd place at the University Championship 4x100 and 4x400 relay, 5th grade at the University National Championships length (7,12m indoor) , and 6, 84 outdoor

13. I live together with other people, in a multicultural environment (Romanians, Hungarians, Rromi, Germans, English etc.) near Băile Felix – Sânmartin-Bihor; Communication and work are essentials in my daily activity, I collaborate with my peers, I also work as a private physical therapist, with patients and their families. I cooperate with diverse specialists (physicians, psychologists, speech therapists, orthosis specialists, members of associations and committees etc).

14. Social and managerial skills and competencies

- Class master for the Gymnasium and High school in Popești;
- Coordinating instructor for Băile Felix ;
- Coordinating instructor for the Physical Therapy;
- I provide guidance for the parents and tutors, I give them advice about their children, I organize the ADL, AMA and Physical Therapy program for my patients.

Voluntary activities:

- *Association of the Physical Therapy undergraduates*
- *Association for prevention the Osteoporosis in Romania*
- *Association „The enemies of Hemiplegia“;*
- *Association „The People with locomotor deficiencies“ in Oradea, Bihor*

RESEARCH PROJECTS

2009

2006-2009 Member in the project: Oradea's contribution to the project 2004 RO/04/B/P/PP/175006, partners University of Craiova, University Foundation for Physical therapy, Hogenschool West -Vlaadenderen vah, Entente UK, SCUE, Technical University of Creta, prefecture of Dolj; *Training Center for health, prophylactic and rehabilitation Services*; the book was published "Physiotherapy" CNCSIS cod 149; Financing was insured by the Communitarian Program of Vocational Training Leonardo Da Vinci.

2007-2009 Member in the research team for the project „Adapted physical activities, (APA) for the elderly persons, financed CNCSIS, code 496, 2006/2009;

2006-2007 Member in the Project 58/2006-CNCSIS type A, director of grant Dr. Mircea Ioana, „*Study regarding the influence of systematic physical exercise upon the evolution of osteoporosis among adults*“ 2007;

2004-2007 Member in THENAPA II/Ageing and Disability/a new crossing between physical activity, social inclusion and life/long well being, financed by EU, 2004/2007;

2000-2003 guest member in the PHARE LIEN project „*Prevention in pediatrics*, Nr. 99- 0310, ClujNapoca, 2000 – 2003 ;

1996-1999 member in the project „*The Romanian Physical therapist*“, financed PHARE, 1996/1999, author of the book „*Functional Physical therapy of the locomotor apparatus*“;

6. MEMBER IN THE PUBLISHING COMMITTEES AND SCIENTIFIC COMMITTEES AND OTHER PUBLICATIONS, CORRESPONDENT AND EXPERT IN THE COUNTRY:

2009 Center of Research for Human Performance

Director: Prof. dr. Iacob Hantiu E-mail: ihantiu@uoradea.ro

Members : prof.dr. Hanțiu Iacob, prof.dr. Maroti Stefan, prof.dr. Bâc Octavian, reader.dr. Dumitrescu Gheorghe, **reader .dr.Pasztai Zoltan**, reader.dr. Lozică Isabela, lecturer dr. Szabo Paul, lecturer Serbescu Carmen, lecturer drd. Costea Alina, lecturer,dr. Roman Călin, lecturer drd. Lucaciu Gheorghe, lecturer drd. Dragos Paul, asist.drd. Ianc Dorina, lecturer drd. Marinău Marius, sociologist Oros Simona.

2009 National member in „Committee de peer review” a Rev Ro Kineto , the journal is include in the international data base, the abstracts of the articles can be accessed on: <http://www.fuko.ro> Revista Română de Kinetoterapie. e-mail: contact@revrokineto.com ;

2006-2009 The Romanian Magazine of Physical Therapy ISSN 1224-6220 de la nr. 19 și 20 din 2007.

2007-2009 „Physical Education and Rehabilitation Journal Timisoara” Scientific Board National members Volume 1 Issue 2008 ISSN 2065-0574

2007/2009 Expert in physical therapy and special motricity on "TopSanatate" <newsletter@topsanatate.ro

2008 /2009 Correspondent of the online pediatric magazine - Kidz; newsletter@kidz.ro

**2009 Correspondent of the online pediatric magazine/Desprecopii.com
2009 http://odin.de-efk.hu/library/090906_Magyar%20Gerontologia%201.2..pdf**

15. Technical skills and competencies :

computer operating skills, camera and video operating skills, other medical devices of stimulation, treatment (Bioptron, massage, electro puncture) or domestic devices.

16. Driver's license: B category

17. Other skills and competencies

18.Skills and competencies that were not mentioned previously::

19. Additional information:

The following concepts, techniques, charts and strategies of training in neuropediatrics and physical therapy are considered intellectual property of the candidate:

1. "Zoli Small box" technique – Actuality in Physical Therapy. Variants I -II and III, it was described in the specialized magazines: Palestrica Cluj Napoca,

The Romanian Magazine of Physical Therapy etc. (I am considering brevetting it as a future goal), it was appreciated by the redaction which is in the course of OSIM accreditation; I will attach a letter of recommendation.

2. Developing the muscular stato – kinetic function through subaquatic stretching (hidrostretching);

3. Kinetic approach of the child with neuro development deficiencies , NTD, personal concepts first encountered in Discobolul magazine, Bucuresti ;

4. “The central ax strategy” and the kinetic approach of children with cerebral palsy according to my original and personal concept.

5. Zoli Chart of physical therapy evaluation for the traumatic and sports conditions; first prize and special of the Physical Therapy section, 2007, ANEFS- Bucharest

- 7 books (between 2001 and 2007) – 4 books with a single author, 1 as a first author, and 2 as a coauthor or collaborator. Two of them can be found on:

<http://display.tuc.gr/Herps/>

- numerous participations to national and international manifestations (54 in the last 5 years) ;

- member and coordinator in 2 national and 1 international research projects: Leonardo da Vinci RO/04/B/F/PP 17 5006 , also see

[http://mirsini.display.tuc.gr/Forum/FINANTARE\(EURO\):265.888;](http://mirsini.display.tuc.gr/Forum/FINANTARE(EURO):265.888;)

The results of the research can be found in the transnational report published on the site [http://display.tuc.gr/Herps/;](http://display.tuc.gr/Herps/)

National and International organizations:

- Member in WCPT since 1996;
- Collaborating member with “Magyar Gyogytornaszok Tarsasaga” from Hungary;
- Collaborating member with the University of Debrecen, Hungary;
- Collaborating member with the University of Pecs, Ungaria;
- Founding member of 3 associations and foundations of charity;
- Member of the Association for Preventing Osteoporosis, Romania;
- Main instructor of CFM, coordinator for **Băile Felix 1990**;
- President of the organizing committee at the “Round Table” from 1990, together with the guests moderators: prof dr. N. Teleky , dr. Jaroslav Kiss, prof dr.T. Sbenghe, prof dr V Marcu and others;
- Member in the Scientific Council of Sport, Romania;
- Member of the Romanian Society of Physical and Rehabilitation Medicine, correspondent to the Rehabilitation and Physical Medicine magazine;
- **Member of the redactional and scientific committee** of the Romanian Magazine of Physical Therapy and of the University of Oradea Annals;
- Member into the Faculty of Physical Education and Sports Council, University of Oradea, 2006.
- Mentor for undergraduate and postgraduate students for their Masteral thesis and dissertations; in the last 5 years I have been the coordinator for more than 80 thesis, 6 dissertations; I am coordinating now 12 thesis and 6 dissertations; I also coordinate the activity of 3 students who are involved in the above mentioned project;

- I have an authorization of free practice in "CFM Physical Therapy", with competency in massage, the use of Biopton and other techniques of miotensive mobilization and muscular stretching;
- Member in the committee for final license (1992) and dissertation, since 2006;
- Member in the scientific and organizational committee of the Scientific Symposiums, National and International Conferences and Congresses organized by the Faculty of Social Human Sciences, Faculty of Physical Education and Sports, EFS Oradea, since 1992;
- Member in the organizing committee and moderator at the National Congress with International participation, November 2006 : **The Balcanic Congress of Physical Therapy**;
- **I have participated in the last 5 years to more than 54 important scientific manifestations:** 4 International Congresses (a Balcanic Congress Balcanic , an European Congress in Bratislava and 2 Congresses in Hungary), 10 International conferences and 30 International or National with International participation, 2 National Conferences, 8 National Conferences, Scientific Symposiums ad an International course of rehabilitation.
- **Permanent collaborator member in the redactional committee** with scientific articles and papers for the following international and national magazines and publications : „The Romanian magazine of Physical Therapy” , „ The Magazine of Rehabilitation, Physical Medicine and Balneology”, Sports and Society – a magazine of Physical education; Sports and connected sciences – a publication of the „Altius Academy” foundation; Faculty of Physical Education and Sports, University of „Al. I. Cuza ” Iași , „Palestrica of the III millennium, Civilization and sport - g B category, accredited by CNCSIS and of the College of the Romanian Physicians; „Annals of University of Oradea – Physical Therapy fascicule and – Sport and Physical Education fascicule; „Gyogytornász” lap International magazine from Hungary; „Medical life”; „Physical Education and Sports”; „Fáklya”,
- **Postgraduate clinical practical stages:** Clinical Hospital Doctor Ștefan Stâncă, The Physical Medicine and Balneology, Medical Rehabilitation Institute, Bucharest, The Neuropsychiatric Hospital Oradea, The Centre of Neuromotric Rehabilitation Center – Dezna, The Hospital of Rheumatology Bucharest, The clinic Hospital Eforie Nord, The Balneal Sanatorium Techirghiol, E. F. S. University from Bacău, Iași, Cluj, Timișoara, Tg . Mureș etc. , the Department of Physical Therapy.

TITLES, AWARDS:

1. **December 2009 – honor guest to the National Scientific University Forum:** „ The impact of the educational goals and of the scientific research on sports performances in Romania”, **The Finals of the Scientific Competition, first edition, 11-12 Dec. Bucharest 2009, at the Olimpic Izvorani Complex**, organized by MECI, FSU, CNSSU, Ccertificate of attendance in the finals;
2. **2009 – honor guest** at the International Scientific Conference in Sports Science, 18th edition, Physical Education and Sports, Romania, „ **Present and Innovation**”, organized by the Council of Sports Science

- from Romania, IEFS Bucharest; University of Oradea FEFS Oradea 29-30 Oct. 2009, Placket and anniversary of 45 years of FEFS Oradea;
3. **2009** – honor guest at the Scientific Symposium with Interantional Participation and WorkShop, organized by the Reuma Association, Tg . Mures , placket ;
 4. **2009** – **Pasztai Z., Bogdan R, Erzsebet Pasztai** „ Study regarding the muscular disequilibrium and normalizing the stato-kinetic function in 6-9 years old children "**International Symposium „ Health and Illness in a Multidisciplinary Approach"** of the University of Debrecen of Health, Hungary , 5th International Week 20- 24 April 2009, Magyar
 5. **2008** – honor guest at the Work Shop organized by the „Western University Timișoara” FEFS – Physical Therapy and special motricity, certificate ;
 6. **2007** – **Special award** for the best paper „*Zoli Chart of Physical therapeutic assessment in traumatic sports injuries*" at the Interantional Scientific Session dedicated to the 85th anniversary of ANEFS, „Tradition and perspective in Physical Education and Sports ", Bucharest, Jun. 16-18 2007 ;
 7. **2006** - **Doctor in Biology** ;
 8. **2004** – **Physical Therapist Member of Honor** from the Association of People with Locomotor Deficiencies, Bihor, February, Oradea;
 9. **2004** – Placket at the 40 years of FEFS Oradea ;
 10. **2003** – **Master in (APA) Adapted Physical Activity**;
 11. **2002** – Placket at the 3rd Congress of Physical Therapy, Slănic Moldova, 11 – 13 October;
 12. **2000** – *Appreciation Diploma for the quality of being a founding member of Association of People with Locomotor Deficiencies, Bihor" ;*
 13. **1999** – Placket, 35 years of Physical Education and Sports Faculty, Bacău , 25 Julie;
 14. **1985** – Diploma, first prize at the Symposium „ Medical days of Dezna" with the paper ***Incipient physical therapy program of reflex inhibition for the children with IMC, 29 May – 3 June.***

**Relevant papers, materials, and books list –
Where Pasztai Zoltan was quoted in the last five years**

1. Prof. Dr. Mariana Cordun; P.T. Daniela Stanca in ANEFS DISCOBOLUL Bucharest 2007, no 7, „Systematization of the applied concepts in neuromotrical" pg 78, bibliog. 83
2. Reader dr. Gabriela Ochiană Cartea - a methodological guide „Ludotherapy in rehabilitation of the psycho -neuro-motor disabilities of children "; Iasi: Performantica, 2006 , ISBN 10 973-195-1, ISBN 13 - 978-973-730-195-6, pg 97 -100 and bibliography pg 259;
3. V Marcu; Corina Matei, the book „Normal and pathologic in human equilibrium evolution", 2005 Oradea: Editura Universitatii din Oradea ISBN 973-613-866-6, pg 65 -67 and bibliography pg 113;
4. prof. Dr. Nicolae Postolache, „Spiru Haret" University, Faculty of Physical Education and Sports, Physical Therapy and special motricity. The Universal History of Physical Therapy, Bucharest: Editura Fundației „România de mâine", 2007 , pg 10, 165,182;

5. Tarcău E., V Marcu: Study regarding patients with algoneurodystrophy evaluation, Oradea: Editura Universității Oradea, 2005 , pg 71 ISBN 973-613-815-1;
6. dr. Oravițan Mihaela ; The Romanian Magazine of Physical Therapy, no. 15 2005 , pg 98;
7. Marcu V. Mirela Dan coord. ; Z. Pasztai, Physiotherapy , Oradea : Ed. Univ. Oradea 2006 CNCSIS cod 149 ISBN 10-973-759-178-X, ISBN 13 978-973-9759-178-4 , pd: 3, pg, 130, pg 162, pg 198, pg 192, pg 262,
8. Pediatric Rehabilitation 2007/2008 UMF Craiova , curriculum, in bibliography ;
9. Interview with Z. Pasztai in The Romanian Magazine of Physical Therapy, no. 15 2005 p. 5 ;
10. 2003 European Year of persons with handicap, 35 years of existence and anniversary of the functional rehabilitation section for the children with physical and neuro-psycho-motor deficiencies of the Clinic Hospital for Children „ Maria Sclodowska Curie” Bucharest , (booklet) ,pg 14,15,;
11. 2001 The Romanian Magazine of Physical Therapie, no 10 pg 78, The second National Congress PT ;

Scientific Papers:

Published Books: National and International

Single author and first author 5 (five)

Collaborator 4 (four)

Total 9 (nine)

Published studies in magazine with referents and editorial collectives:

- Single or first author Magazine type B and B* CNCSIS 8 (eight)

Total magazine type B si B* 8(eight)

- Single or first author Magazine type C CNCSIS 15 (fifteen)

- 2 authors Magazine type C CNCSIS 10(ten)

Total in the last 10 years 24 articles type C

- Single Magazine type D CNCSIS 5(five)

- 2 authors Magazine type D CNCSIS 5 (five) ;

Total magazines D 15 articles in the last 10 years

Papers in volumes and abstracts, national and international

Total 64 (sixtyfour) and more than 95 (ninetyfive) in the last 38 years of scientific activity in physical education and sports, physiology, biology, medicine, physical therapy, psychopedagogy, APA

Published Books:

1. 2010, Marcu V., Tarcau E, coord. Et. ...Pásztai Z, *Activitati motrice adaptate la persoanele de varsta a-III-a, (Monografie),/ Adapted Physical Activities persons* , Editura Universitatii din Oradea , ISBN 978-606-10-0015-9, CNCSIS cod 149;
2. 2009, Pásztai Z, *Rolul stretchingului în normalizarea funcției stokinetică/ The Role of Stretching in Normalizing the statokinetic function;* revised 2nd edition, Editura Corson Iasi , ISBN, 10-973-8225-31-0 , accredited CNCSIS , cod 101, (375 pp);

3. 2007, Pásztai Z, **Rolul stretchingului în normalizarea funcției stotokinetice** *The Role of Stretching in Normalizing the statokinetic function*; Editura Corson Iasi , ISBN, 10-973-8225-31-0 , accredited CNCIS , code 101, (375 pp);
4. 2007, V Marcu; Elena Avramescu V Pâncotan (**coordinators**), Doriana Ciobanu ; Mirela Dan; Isabela Lozincă; V.Marcu ; V Pancotan, V Sărac; Carmen Șerbescu, **Z Pasztai** ; **Adapted Physical Activities** ; Editura Universitaria Craiova , (56 +56 pp in Romanian and English);ISBN978-973-742-692-8 ; <http://www.display.tuc.gr/Cerps>;
5. 2006, V. Marcu, Dan Mirela (coordinators); Bogdan R, Bucur A, Chiriac M, Ciobanu D, Cristea D, Dan M, Ianc D, Lozincă I, Marcu V, Matei C, **Pásztai Z**, Pásztai E, Pâncotan V, Pețan P, Serac V, Șerbescu C, Tarcău E. **Kinetoterapie / Physiotherapy** Editura Universității din Oradea; ISBN (10) 973-759-178-X; ISBN(13) 978-973-759-178-4 pg 600(300+300 pp in Romanian and English) <http://www.display.tuc.gr/Cerps>, http://www.fuko.ro/books/activitati_fizice_adaptate.pdf
6. 2004, Pásztai Z, **Kinetoterapie în neuropediatrie / Physical Therapy in neuropediatrics**, Editura Arionda, Galați, ISBN 973-8349-12-5 pp. 423;
7. 2001, Pásztai Z, **Kinetoterapia în afecțiunile aparatului locomotor/Physical Therapy in locomotor conditions**, Editura Arionda Galați ISBN 973-8349-12-5 (221 pp.)
8. 2001, Pásztai Z, **Kinetoterapia în afecțiunile aparatului locomotor/ Physical Therapy in locomotor conditions**, Editura Universității Oradea, ISBN 973-613-054-1, (145 pp.)
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Title: **Hidro- temo- balneo -kinetoterapia/** Hydro-thermo – balneo Physical Therapy in Baile Felix settings, approximate 120 -130 pp.

The book is a synthesis of the hydro-thermo – balneo Physical Therapy. It comprises the main roles of water, it presents the concepts and procedures of Hydro-thermo – balneo Physical Therapy, the principles, indications and counterindications of the treatments, followed by a practical applications in different affections. It takes into consideration the most efficient ways of the most frequent ways from diverse medical centers and spas. With a rich graphics and international bibliography.

2010, autor Pászta Zoltán,

Title: Kinetoterapia privind abordarea copilului cu diferite disfuncții ale aparatului neuromioartrokinetic/ Physical Therapy of the children with diverse neuromioartrokinetic dysfunctions; approximate 230/250 pp

The book offers new information for the specialists in medicine and mothers, who deal with the intra, peri and post natal pathology. It presents the concrete goals of assisting the persons with special needs, of those with neuromotoric retard and dysfunctions. It also presents the methodology and actions modalities. It takes into consideration the most efficient and modern infantile rehabilitation means.

2010, autor Pászta Zoltán,

Title: Kinetoterapia functionala posttraumatica a aparatului locomotor / cu specific la sportivi. Functional Posttraumatic Physical therapy for sportspersons, approximate 100 / 120 pp

The book is a synthesis for students, physical therapists, sports medicine therapists, trainers, sportspersons from the traumatic pathology, with a rich selection from literature and treatment, rehabilitation solutions. It describes the wide range of techniques, methods, physical exercises, procedures, orthosis, kineziotaping, patterns, schemes, protocols of correct treatment.

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ORADEA
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Signature:
Pasztai Zoltan